TYPES OF PRODUCE ACCEPTED

A favorite saying at the Food Bank is no donation is too small. Every donation of freshly harvested produce is appreciated by clients of the Food Bank.

We welcome many different types of produce, but especially like:

- Bell Peppers
- Chile Peppers
- Tomatillos
- Broccoli
- Tomatoes
- Tender & hearty greens
- Corn
- Chayotes & Calabacita
- Jicama
- All Fruits
- Herbs: Basil, parsley, cilantro, etc.

BECOME A PLANT IT FORWARD GARDENER

Clients of the Food Bank relish the opportunity to enjoy fresh, delicious produce. It is often the only time they get to eat nutritious produce. If you would like to make a difference in our community, consider becoming a Plant It Forward gardener and donate a row or two to the Food Bank.

If you have questions about the Plant It Forward initiative, contact:

Justin Vann
Food Bank Food Resource Manager
970.530.3111
jvann@foodbanklarimer.org

FOOD BANK
FOR LARIMER COUNTY

5706 Wright Drive
Loveland, CO 80538
970.493.4477

foodbanklarimer.org/plant-it-forward

PLANT IT FORWARD
Fighting Hunger from the Ground Up

A HOW-TO GUIDE FOR GARDENERS IN OUR COMMUNITY TO SHARE FRESH PRODUCE WITH THOSE IN NEED IN LARIMER COUNTY.

"No donation is too small."

WHAT IS PLANT IT FORWARD?

Plant It Forward is a partnership between the Gardens on Spring Creek and the Food Bank for Larimer County.

Launched in 2011, the Plant It Forward initiative asks local gardeners and farms to "plant a row for us" in an effort to have fresh, locally grown produce donated to the Food Bank.

WHY IS PLANT IT FORWARD IMPORTANT?

The Food Bank serves an estimated 37,500 unduplicated Larimer County residents each year through its many hunger-relief efforts. A main focus for the Food Bank is sourcing fresh, healthy produce for the clients it serves.

As a local gardener, when you donate produce from your garden you are helping the Food Bank provide healthy food options that improve the lives and the health of our neighbors.

Clients of the Food Bank often comment that the locally grown produce is some of the freshest and best-tasting they receive.

HOW DOES PLANT IT FORWARD WORK?

If you are a local gardener, it really couldn't be easier: Simply plant an extra row or two in the spring. As your crop is ready, drop it off at either the Food Bank for Larimer County or the Gardens on Spring Creek. That's all there is to it!

PLANT IT FORWARD DONATION LOCATIONS

Fort Collins Food Bank
1301 Blue Spruce Drive
Tuesday - Saturday
10am–4pm

Loveland Food Bank
2600 N. Lincoln Avenue
Tuesday - Saturday
10am–4pm

Food Bank Administrative Office
5706 Wright Dr, Loveland
Monday–Friday
8:30am–3:30pm

Gardens on Spring Creek
2145 Centre Avenue, Fort Collins
Saturday-Monday
10am–4pm

DID YOU KNOW?

In 2020, local gardeners donated more than **47,000** pounds of fresh, delicious produce to the Food Bank for Larimer County.